



# UFTFTH

UNITED FRIENDS TO FEED THE HOMELESS

2815 S. Ervay Street, Dallas, TX 75215

Volume I, Number 10

April 13, 2019

## Leadership:

**President:**

D.J. Akers

**Secretary:**

Ron Pleasant

**Treasurer:**

Stephanie Sims

## Board Members:

Reggie Simmons

Bonita Wilburn

Anthony Piper

**Legal:**

David Morris

## Newsletter Coordinator:

Stepheni Hart



## Melon Time

For the April meal preparation, fresh watermelon was sliced and distributed to anyone who wanted some. Watermelon not only taste good but is made up of 92% of water and has plenty of nutrients. Eating watermelon helps to keep you feeling fuller for a longer period of time and it also helps to keep you hydrated. **UFTFTH** strives to prepare meals that are nutritious for the body.

## Financial Contributors:

D.J. Akers

Marilynn Akers

Ron Pleasant

Reggie Simmons

Janice Nelson

Sharon Martin

Bonita Wilburn

Stephanie Sims

Anthony Piper

Jackie Randolph

All current members

## Meals Prepared:

425

## Volunteers Present:

27

## Email:

[UFTFTH@yahoo.com](mailto:UFTFTH@yahoo.com)

## Facebook:

[Facebook.com/](https://www.facebook.com/Unitedfriendstofeedthehomeless)

[Unitedfriendstofeedthehomeless](https://www.facebook.com/Unitedfriendstofeedthehomeless)

## Support Us Through:

[Paypal.me/UFTFTH](https://www.paypal.me/UFTFTH)

## Next Meal:

May 11, 2019



## Member Spotlight

David Morris Esq. is a **UFTFTH** board member provides legal counsel for **UFTFTH**. David has also been a supporter and involved for over 12 years and shows up every second Saturday to assist in the serving of prepared meals for the

homeless. David keeps tally of the number of meals served.



Stephanie Sims has been a member of **UFTFTH** for over 10 years and serves as the **UFTFTH** treasurer. What Stephanie enjoys the most about **UFTFTH** is the ability to fellowship with others and gets so much joy in serving, assisting, and being with the people that she loves and calls them family. Stephanie could not see herself doing anything else with her volunteer time

Saturday's during the meal preparations and servings.

## How Do I Become Involved?

**UFTFTH** has selected the second Saturday of each month to come together as an organization to assist with preparing and serving meals for the homeless and an assisted living facility in South Dallas. **UFTFTH** works in conjunction with Cornerstone Baptist Church, who is the provider of "The Kitchen." If you are unable to attend on the second Saturday of each month, an opportunity still exists to assist **UFTFTH** through monetary donations at [PayPal.me/UFTFTH](https://www.paypal.me/UFTFTH). Every \$10 dollars that are donated will help to provide the food to prepare 3 hot meals to distribute to the homeless. Over 400 meals are prepared each second Saturday by **UFTFTH**.

Religious, sport, greek, or business organizations are extended the opportunity to come out and assist with the homeless of Dallas. If you are interested in volunteering, please contact us by email at [UFTFTH@yahoo.com](mailto:UFTFTH@yahoo.com) or contact Ron Pleasant at (214) 682 - 7185.

